

The Womb of My Heart Rosary

The Joyful Mysteries

By: Laura Ercolino
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"If there is only one mother of Christ according to the flesh, all are begetting Christ according to the faith."

St. Ambrose

The Annunciation and Incarnation in Nazareth was a historical moment, a once in an eternity event. God entered human existence, married His Divinity to our humanity, brought eternity into time... all in and through the Blessed Virgin Mary.

In a particular historical moment, Immaculate Mary gave birth to God-With-Us, to the Incarnate Jesus. Each of us is chosen and called to spiritually give birth to Jesus... again and again. A spiritual annunciation, incarnation, and nativity occurs every time we give our "Fiat" to the will of God and the love of Christ is made visible in our corner of the world, our relationships, and our little piece of eternity.

The virginal womb of our Blessed Mother has been so beautifully described as "the womb more spacious than the heavens" for it contained the Creator of all that exists. If our hearts are to have room for Jesus, we must surrender to His gentle healing, purifying, and stretching of our hearts. Our hearts must become more and more like Mary's virginal womb.

I wrote these prayers to accompany the Joyful Mysteries of the Rosary to deepen my own understanding of the unique way the Father is inviting me to participate in the eternal and spiritual annunciation and incarnation event. I desire to offer my heart to Him, purified, available, and receptive, a virginal womb, in which the love of Christ may be birthed anew into this time and place, into the lives of those whom He entrusts to me.

May praying this Rosary bring you joy and courage as you too make a womb of your heart for our dear Savior.

Together in His Heart,
Laura Ercolino, Foundress of Hope's Garden



Opening Prayer:

Come Holy Spirit, Sweet Spouse of the Blessed Virgin Mary and Spouse of my soul. Purify and prepare my heart to be a virginal womb in which Divine Love may grow. May Jesus find His place of rest and delight here in the womb of my heart. Amen.

Apostles' Creed
Our Father
3 Hail Marys



Hail Mary full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, **make my heart like unto thy virginal womb**, and pray for us sinners now and at the hour of our death. Amen.

The First Joyful Mystery: The Annunciation

Prayer: Come Holy Spirit and plant the seeds of Divine Love in the womb of my heart. Water my Beloved's garden with honey-kissed dew drops of grace. May His love blossom and grow within me. Amen.

Our Father, 10 Hail Marys

Hail Mary full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, **make my heart like unto thy virginal womb**, and pray for us sinners now and at the hour of our death. Amen.

The Second Joyful Mystery: The Visitation

Prayer: Awake north wind, come wind of the south! Breathe over the hidden garden of my heart and spread the sweet scent of Divine Love all around. (see The Song of Songs 4:16) May the hearts you bring into my life recognize the fragrance of the Bridegroom dwelling within me, just as at the Visitation the babe in Elizabeth's womb recognized His hidden presence within the womb of the Blessed Mother. Amen.



Our Father, 10 Hail Marys

Hail Mary full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, **make my heart like unto thy virginal womb**, and pray for us sinners now and at the hour of our death. Amen.

The Third Joyful Mystery: The Nativity of Jesus

Prayer: Divine Love blossoming within the womb of my heart is not meant to remain hidden. May I enflesh Love with my own body and may my life be a continual act of birthing Incarnate Love into this time and place. Mary, Mother and Bride, teach me how to spiritually give birth to Jesus again and again. Amen.

Our Father, 10 Hail Marys

Hail Mary full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, **make my heart like unto thy virginal womb**, and pray for us sinners now and at the hour of our death. Amen.

The Fourth Joyful Mystery: The Presentation of Jesus in the Temple

Prayer: Come Holy Spirit, Sweet Spouse of the Blessed Virgin Mary and Spouse of my soul. Grant me the grace to present the Divine Love hidden in the womb of my heart with reverence and unshakeable faith to all whom You send to me. Give them the eyes of Simeon so they may exclaim, “my eyes have seen your salvation, your light, and your glory.” (cf. Luke 2:30) Amen.

Our Father, 10 Hail Marys

Hail Mary full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, **make my heart like unto thy virginal womb**, and pray for us sinners now and at the hour of our death. Amen.



The Fifth Joyful Mystery: Finding Jesus in the Temple

Prayer: Mary, Mother and Bride, when I am crying out, “Have you seen the One Whom my heart loves? I sought Him but did not find Him!” (Song of Songs 3:4), please gently remind me that my Beloved is always hidden in the womb of my heart. I need only return to silence and recollection and I shall find Him doing His Father’s work of loving and healing right here in my heart, a garden, a temple, and a womb, all for Him. Amen.



Our Father, 10 Hail Marys

Hail Mary full of grace, the Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, **make my heart like unto thy virginal womb**, and pray for us sinners now and at the hour of our death. Amen.

Closing Prayer before Hail Holy Queen:

Jesus, Sweet Spouse of my soul, I open the womb of my heart to you. Come and enter Your enclosed garden with the same incarnate love with which You entered the immaculate womb of Your Blessed Mother. In me, with me, and through me, bring the joy of Your Divine Love to birth again today. Amen.

